

Management of Fever

- Wear less clothes and **DO NOT** cover bed-clothes in order to promote heat loss
- Ensure good ventilation, e.g. open windows and doors
- Encourage fluid intake
- Take shower or sponge tapping to patients with lukewarm water to cool down the body temperature
- Take anti-pyretic medication as prescribed and record the name, dosage and time for the medication taken
- If the fever is persistent or getting severe, please seek medical help with the medication record

Should you have any queries, please contact your doctor in-charge.

References: World Health Organization. Guideline for management of common diseases in young children in emergencies. Retrieved from <http://www.searo.who.int/linkefiles>

Effective Date: 1 September 2022

PFE-DMC-7-012



- 本院設有「八達通」時鐘泊車服務
We provide Octopus hourly parking service
- 公共小巴綠色專線/ Green Line Public Bus: 2, 17M, 25M, 46, 70
- 紅色非專線: 旺角往新蒲崗/黃大仙/九龍城
Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin/Kowloon City
- 公共巴士/ Public Bus : 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- 港鐵 / MTR
- ※ 樂富站轉乘的士約五分鐘到達
Lok Fu Station: 5 mins by taxi
- ※ 旺角站轉乘非專線小巴(近先達廣場)至露明道
Mongkok Station: by red line minicab, get off at Lomond Road
- ※ 宋皇台:B1 出口, 可步行 5-10 分到達 Sung Wong Toi: Exit B1, about 5-10 minutes walk
- 東鐵 / East Rail Line
- ※ 旺東可換乘的士約五分鐘到達 Mongkok East: about 5 minutes by taxi
- ※ 九龍塘可換乘專線小巴 25M 至界限街 Kowloon Tong: by green line bus no. 25M
- 復康巴士電召服務/Rehabus (Dial a Ride) : 28178154



St. Teresa's Hospital
聖德肋撒醫院

Management of Fever

發燒處理

Health Information

健康資訊

發燒處理

- 減少穿衣，不宜蓋被，以便散熱
- 打開窗戶，保持空氣流通
- 鼓勵多喝水
- 用溫水擦浴，或用溫暖濕毛巾抹面及手腳
- 按醫生處方服用退燒藥，並記錄所服用的藥物、劑量及服藥時間
- 如發燒持續不退或病情加重及有任何變化，請立即帶同服藥記錄見醫生

*想了解更多有關資訊，請諮詢你的家庭醫生。

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華氏 (°F)--攝氏 (°C) 對換表 Temperature conversion table (Fahrenheit/Celsius)				
華氏 (°F)	攝氏 (°C)	表面體溫		
		耳探 Ear	肛探 Rectal	口探 Oral
98.0	36.7	正常 (normal)	正常 (normal)	正常 (normal)
98.5	36.9			
99.0	37.2			
99.5	37.5			
100.0	37.8	發燒 (fever)	發燒 (fever)	發燒 (fever)
100.5	38.1			
101.0	38.3			
101.5	38.6			
102.0	38.9			
102.5	39.2	高燒 (high fever)	高燒 (high fever)	高燒 (high fever)
103.0	39.4			
103.5	39.7			
104.0	40.0			
104.5	40.3			
105.0	40.6			